

For more information or free advice and guidance contact:



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Charity No: 1165690



Parents nformation for



# What is Dyslexia?

The aim of this leaflet is to provide useful information and suggestions of what you as a parent can do if you suspect your child is dyslexic.

The word 'dyslexia' comes from the Greek meaning 'difficulty with words' and is a difference in the way the brain processes language.

Dyslexia varies in different people, but can mean difficulties with:

Reading

Organisational skills

Spelling

Short-term memory

Writing

Numeracy skills

Dyslexia tends to run in families and is NOT related to intelligence or to a person's background.

However, along with the difficulties, real **strengths** can be identified, including:

- Problem solving skills
- Intuitive
- Enhanced creativity
- Verbally articulate
- Strong visual thinking
- Spatially talented

People with dyslexia do not all have the same way of thinking, but there are common patterns.

Dyslexia is sometimes diagnosed in children soon after they start school.

There is no cure for dyslexia but with the right kind of support, dyslexics can overcome their difficulties and achieve great things.



## **Getting Help...**

It is estimated that at least 10 - 20% of the population are affected by dyslexia; with 4% being severely affected.

Dyslexia Cornwall receives many calls from anxious parents who are

looking for support that will enable their children to reach their full potential at school.

We strongly advise that families work with schools to meet the educational needs of their child.

Talk to your child's teacher who should be able to observe your child and do tests to help understand their difficulties.



If you are still concerned ask them to assess your child under the Code of Practice for Special Educational Needs. Once your child is under the school based stages of the code, you should be asked into school for regular reviews to discuss your child's progress, so make sure this happens.

If your child's problems continue to cause you concern ask the school to call in one of the Local Authority's Dyslexia Advisers, who can advise the school on how to support your child.

If things do not improve, request a visit from an Educational Psychologist. They can fully assess your child's level of difficulty. If necessary, you can refer your child direct to the Educational Psychology service at Cornwall Council.

You can also have your child assessed privately by a dyslexia trained teacher with assessor status.

# Top Tips...

Here are just a few useful tips for helping your child.



Check Hearing and Eyesight
If a child is experiencing any
difficulties at school, it is always a
good idea to make sure that there
are no problems with eyesight or
hearing so get these checked, by a
registered optometrist, if this has not
been done recently.

For more information, see our leaflet Neurodiversity and Visual Difficulties.

https://www.dyslexiacornwall.org.uk/resources-information-leaflets/

#### Or visit:

https://www.bdadyslexia.org.uk/dyslexia/neurodiversity-and-co-occurring-differences/visual-difficulties

#### Identify your child's difficulties

Write a list of your child's difficulties. Include all his/her difficulties both at home and school (for example, speech, clumsiness, poor short memory etc.)

Discuss your concerns with your child's school

#### **Read SEND Guide for Parents and Carers**

Read the SEND Guide for Parents and Carers to understand how the system works.

Download a copy from: https:// www.gov.uk/government/publications/ send-guide-for-parents-and-carers

Read our leaflet on the Code of Practice which simplifies things.



#### Request a Dyslexia Screening

Request a dyslexia screening which gives an indication or 'likelihood' of a child being dyslexic. It is only a basic test and is a 'snapshot' of a child's performance on the day of the test. **This is not a diagnosis.** 

Some screening tests can only be used for children aged 7 or over. This should not stop schools identifying and addressing a child's needs before this age.

#### Request a Dyslexia Assessment

For some children a full diagnostic assessment may be required. It involves a series of diagnostic tests to determine whether a child is dyslexic or has other specific learning difficulties. It provides an in-depth report specifying strengths and weaknesses. **This is a diagnosis.** 



### **Tests and Examinations**

Pupils do <u>not</u> need an Education and Health Care Plan to be allowed concessions in tests or exams.

#### **National Curriculum Test**

Dyslexics are allowed certain special arrangements in National Curriculum Tests. Schools now have guidelines on what special arrangements they can make. We recommend you discuss this with your child's teacher well before the exams. However, tests are partly set to identify areas of difficulty for children nationally. So it is a test of the level the child is working at under normal circumstances.

Copies of booklets on assessments and reporting arrangements are available from the Standards and Testing Agency https://www.gov.uk/government/organisations/standards-and-testing-agency



#### **Special Examination Arrangements**

Depending on your child's difficulties they may be allowed extra time (up to 25%), a reader, the use of a word processor, or the use of a person to take dictation.

For some concessions a dyslexia trained teacher can now supply supporting evidence on behalf of a candidate with dyslexia and the school can make the decisions.

Check with the school in plenty of time in case an Educational Psychologist needs to do an assessment.

Booklet on examinations regulations available from:

Joint Council Tel: 0207 638 4132 or https://www.jcg.org.uk/

### Disabled Students Allowance

Dyslexic students in Higher Education, can apply for a Disabled Students Allowance (DSA).

Full-time and part-time students, studying at least 50% of a full-time degree course and post-graduate students are now eligible for this allowance. (Also students studying a degree through the Open University).

Anyone claiming DSA must have a dyslexia assessment to diagnose their dyslexia.

The DSA may include equipment (eg.IT hardware and appropriate software), an annual non-medical helper's allowance, (including funding for ICT training, proofreading) and an annual general allowance for books and resources.



For further information contact GOV.UK by using the following link <a href="https://www.gov.uk/disabled-students-allowances-dsas/overview">https://www.gov.uk/disabled-students-allowances-dsas/overview</a>

Note: DSA may be changing and there are proposals to reduce the provision. The government will only fund those whose dyslexia (or other Specific Learning Difficulty) is considered to be more complex.

### **Useful Resources**

#### **Cornwall Local Offer**

Every Local Authority has to publish a 'Local Offer' of services to support children. This is so families have all the information they need to make informed choices about the support and provision they receive.





#### Parent Partnership/ SENDIASS

Help and information for parents of children with Special Educational Needs particularly assisting with meetings with schools. This service is managed by Disability Cornwall

Telephone: 01736 75 19 21

Email: sendiass@disabilitycornwall.org.uk

www.cornwallsendiass.org.uk

#### Library Membership

For dyslexics the library service offers free services to dyslexics including loans of audio books, CDs and DVDs and free reservations. They also offer reduced fines and extra free time using library computers. Contact the local library for details of the Access Card.



#### BT Free Directory Enquiries:

BT service for anyone who is unable to use a telephone directory easily and it is available to diagnosed dyslexics. Call Free on **0800 587 0195** for details.

### **Useful Contacts**

# Cornwall Council: Special Educational Needs

 Special Education Needs Assessment and Education Provision

Telephone: 01872 32 42 42 statutorysen@cornwall.gov.uk

Educational Psychology ServiceTelephone: 01579 34 11 32

Cognition and Learning Service

Telephone: 01726 22 68 82

cognitionandlearning@cornwall.gov.uk



#### The British Dyslexia Association

Many useful information sheets and the website has the facility to read out text.

National Helpline: 0333 405 4567 www.bdadyslexia.org.uk

www.bdatech.org

#### **Dyslexia Action**

Information about dyslexia, teaching qualifications and courses, resources and other useful information.

Telephone: 01784 22 23 04 www.dyslexiaaction.org.uk



For a full list useful resources and contacts visit www.dyslexiacornwall.org.uk

# How we can help...



Dyslexia Cornwall can help parents develop strategies to work with schools by offering access to a range of services.

#### Information and Advice Services

We offer a FREE confidential information and advice service.

Our information and advice services are carried out by our highly experienced dyslexia advisers.

#### Dyslexia Helpline

We offer a confidential telephone Helpline service which provides information and advice on dyslexia and related subjects.

Our Helpline is run by volunteers who are experienced and qualified dyslexia advisers.

This is a FREE service.

Our Helpline is sometimes very busy. If you get no reply, please leave a message on the answerphone.

Helpline: 07716 63 93 75

#### Dyslexia Screening

Dyslexia screenings give an indication as to whether you are likely to be dyslexic. **Dyslexia screenings cannot diagnose dyslexia.** 

We provide a free signposting service to organisations offering dyslexia screenings. They take up to 60 minutes to complete.

#### **Dyslexia Assessments**

Assessments involve a series of tests to determine whether you are dyslexic or have other specific learning

difficulties. Dyslexia assessments can diagnose dyslexia.

We provide a free signposting service to organisations offering dyslexia assessments.

The assessments should be carried out by fully qualified assessors registered with the Professional Association of Teachers of Students

with Specific Learning Difficulties (PATOSS) or British Psychological Society.

The assessments can take up to 4 hours to complete.



Some people experience visual discomfort or disturbance when they read. Anyone who experiences such difficulties associated with reading should consult a registered optometrist for a full assessment of eye health and visual function. For more information see our leaflet Neurodiversity and Visual Difficulties



https://www.dyslexiacornwall.org.uk/resources-information-leaflets/

For a full list of services and charges visit www.dyslexiacornwall.org.uk